

**Fresh Start**

Welcome to the first newsletter of Cabot Church! We finalized our disaffiliation from the United Methodist Church on July 25, 2023, and as of July 26, 2023, officially became a Global Methodist Congregation as Cabot Church! This is a significant inflection point in the life of our congregation. On the one hand, the core of who we are, has not changed. We are continuing to preach the same gospel of forgiveness of sins available to everyone through the gift of grace through Jesus Christ. We are continuing to love everyone, regardless of their situation or status. We are continuing to serve the community faithfully in Jesus' name.

But this also does represent a change of denomination for us. We are remaining in our Methodist heritage of John Wesley, but we have a new name. This is not the first time in our history that our denomination has changed. We became United Methodist in 1968, and before that, we were a part of the Methodist Church denomination. Before 1939, we were a Methodist Episcopal Church. And at the church's founding, we were known as Knox Chapel Methodist Episcopal Church. (We put the 'chapel' in Knox Chapel!)

Our new denomination is focused on making disciples who make disciples of Jesus Christ. We are warm-hearted, Jesus-loving, Spirit-filled, like-minded, orthodox, Evangelical, Wesleyan Christians! Most of the churches that are joining at this point are churches who are in a similar situation as us: former United Methodists who want to remain faithful to God's inspired word, proclaiming the grace that is available to all and the power that God gives us to live faithfully. But we are focusing on spreading God's word among those who do not know Jesus, so we pray and trust that God will bring many people to know him for the first time. We are not going to allow ourselves to only 'preach to the choir,' because we believe God's grace is Good News for the whole world.

God—the Father, Son, and Holy Spirit—is at work in our midst! Lord, let it continue!

In Christ,

*Pastor Jonathan*

RETURN SERVICE REQUESTED

Cabot Church  
707 Winfield Rd.  
Cabot, Pennsylvania 16025

DATED MATERIAL

AUGUST 2023

# ***Cabot Church Newsletter***



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## How to Reach Us

Office Hours: Mon-Thurs 9:00 am -12:00 pm

724-352-2074

Pastor: Rev. Jonathan Fehl  
pastorecabotchurch.net; 412-715-1005

Office Manager: Marilyn Shaw Anderson  
officecabotumc.com

Director of Program Ministries: Jacy Barbiaux  
programecabotumc.com

Director of Children's Ministries: Kelly Hanson  
childrenecabotumc.com

Director of Youth Ministries: Paula Duke  
youthcabotumc.com

## Worship Schedule

Saturday 6:00 pm Worship Service  
Sunday 9:30 am Worship Service

### Summer Worship and Office Hours

Full hours will return after Labor Day.



- August 12** Motorcycle Ride
- August 14** Admin Teams Meetings  
Prayer Shawls  
Food Bank Truck Delivery  
Food Bank Packing
- August 16** Food Bank
- August 19** Men's Breakfast e Kelly's
- August 20** Worship Committee Meeting
- August 25** Rock Youth Movie Night
- August 28** COM Meeting



- September 4** Labor Day
- September 8** Rock Youth Lock-In
- September 11** Admin Teams Meetings
- September 16/17** 200th Anniversary Celebration
- September 18** Food Bank Truck Delivery  
Food Bank Packing  
Food Bank  
COM Meeting
- September 20** Food Bank
- September 25** COM Meeting
- September 26** Congregational Prayer Time
- September 27** Book Club Resumes

**See enclosed calendar for full schedule. For latest updates, sign up for the Cabot Church Happenings email by contacting Jacy Barbiaux @ programecabotumc.com or check the Cabot Church website.**



### August Birthdays

Esha Fehl	2nd
Tyler Smith	2nd
Butch Yates	2nd
Kennedy Eurich	5th
Joey Fehl	6th
Andrew Simon	12th
Allison Singleton	13th
Linda McCall	15th
Rhonda Caldwell	17th
Tessa Carbungco	17th
Isaac Ambrose	19th
Erin Wimer	20th
Nathan Riley	21st
Ashley Michel	22nd
Judy Fish	24th
Hunter Oskin	24th
Wyatt Shetter	25th
Cheyenne Bolte	27th
Jim Rodgers, Jr.	28th
Julia Simon	28th
Sara Donehue	30th

### August Anniversaries

Al & Jan Porther	14th
Butch & Bonnie Yates	19th
Chris & Susan Nagg	30th

## Special Penny Offering

### Results

#### July Penny Offering to Jean B. Purvis Community Health Center (Butler)

Our gift combines with the gifts of many others to do more than we could do alone over the past 15 years of Jean B. Purvis Community Health Center. Free health care services with dignity and respect to everyone who turns to them. 2022: \$625,515 worth of free health care services to more than 1,000 individuals who have inadequate or no insurance and are unable to pay for services elsewhere.

\$228.21



Did you know you can give your tithes and financial offerings electronically on our website? Click on the "Give" button on our home page, cabotumc.com, where you can create an account and securely give. Also, you can directly mail in your offering to the church at 707 Winfield Rd, Cabot, Pa 16023, just mark your offering as to where you want it designated on your envelope. We thank you for your generosity towards God's church.

### Giving Update

Contact the office with any questions or for more details about these financial updates.

Through June 30, 2023

Giving for General & Capital \$172,326

Budgeted to the end of June \$189,360



#### August Penny Offering to Salvation Army, Saxonburg Chapter

Each month the Salvation Army chapter in Saxonburg provides help to families in need in our area. One of the ways they do that is by offering fresh food boxes for clients, in conjunction with Sprankle's. Along with each box, the recipients get a recipe for a meal they can make with the included items. The boxes include fresh fruit, vegetables, meat, and a \$25 Sprankle's gift card. Sprankle's stores boxes in their cooler.

(8/19 & 8/20)- 3rd weekend

Thank you to all who contributed.  
You are making a difference



### Cabot Church

Our first day as a Global Methodist Congregation was Wednesday, July 26, 2023! Our disaffiliation from the UMC was finalized the day before. We are now known as Cabot Church! Praise God for his leading and faithfulness throughout this season!

### Cabot Church Offerings

Those of you who give your offerings and tithes by check can now make your check payable to "Cabot Church." If you give through automated giving on our website, the new name will start showing up next week on your receipts.



### Lead a Group

You can lead a group in studying the Bible or reading a Christian Book! Even if you never have before, we can provide you with training and materials to lead a discussion that will help others (and you!) grow in their faith. You can lead using a book you choose, or select from the many excellent ones we have available. We are looking for new groups during Sunday school and other times during the week.

Contact *Jacy Barbiaux*  
([program@cabotumc.com](mailto:program@cabotumc.com))

or

*Pastor Jonathan for more information*



Custodial Position: We are hiring a part-time custodian to be responsible for cleaning the church building. Please contact the church office or Sarah Smith for the job description or to apply for this 20 hour-a-week position.



We have a small group for men who would like to grow in their faith while being encouraged and challenged by one another. Wednesday nights at 7:00pm. 134 Grimm Road, Sarver (Don Marlowe's house). Contact Don, Roger Kennedy, or Pastor Jonathan with questions or to sign up.

### Our Giving Table



In the Welcome Center we have a table with cards printed with different types of materials you can donate toward our community ministries. Browse through and take a few in order to help provide items for our Youth ministry, current needs for the Matrona Family Resource Center, or Food Bank donations. This table will be regularly refreshed with new items, so feel free to pick up a couple of cards each week. When you return the items, please put them in the donation box in the Welcome Center.



Matrona Family Resource Center  
A Ministry of Cabot Church  
724-352-2074

Resources for families in South Eastern Butler County

Baby and Toddler Clothes, Maternity Clothes, Diapers, Baby Gear, Children's Books, Support Groups, Parenting Classes, Childbirth Classes

### Resource Closet:

Open Weekly on Thursdays from 6-8pm  
Or as needed, please call for details

### Support Group for New Parents:

Thursdays from 7-8pm  
Please call for details

### Parenting and Childbirth Classes:

Meeting Weekly as needed, call for details

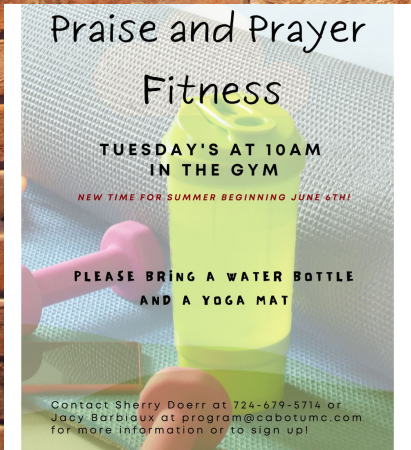
Matrona is a ministry of Cabot United Methodist Church located at 707 Winfield Rd, Cabot, PA.

If you are struggling with any aspect of pregnancy or parenting, or if you would like to volunteer or donate, please call or email [children@cabotumc.com](mailto:children@cabotumc.com).

Matrona is growing and serving more families every week and we need helpers! If you'd like to be a part of blessing the families of our community, please contact Miss Kelly at [children@cabotumc.com](mailto:children@cabotumc.com) or 724-524-1809.



Matrona Family Resource Center is growing! Through the generosity of this church and the surrounding community, the Matrona room is bursting at the seams. On August 5th from 9-2ish, we'll be moving the children's ministry into the former choir room and expanding Matrona into Room 7. If you're interested in helping us out, we could use all the hands we can get. There's a lot of moving parts, so if you have a strong back or impressive cleaning and organizational skills (or even moderate ones!), come help this project go smoothly.



### Fire Safety in the Church and at Home

#### Types of Fires

Fires need three things: oxygen, heat and fuel. The type of fuel is how the fire is classified.

- Class A fires are fueled by combustibles like wood, cloth, paper or trash. A small fire in a trash receptacle is usually a Class A fire.
- Class B fires are fueled by flammable liquids and gasses. These include gasoline, cleaning solvents, propane, oil or paint thinner. These fires appear 'runny' or 'liquidly.'
- Class C fires are fueled by electricity and commonly start with overloaded electrical outlets.
- Class D fires involving burning metals and alloys and are very rare in churches & homes.
- Class K fires involve vegetable oil or animal fat at very high temperatures. Typically, only commercial deep fat fryers can heat fats enough to start one of these fires.

#### Fire Hazards

Often, preventative measures are the answer to avoiding fires. Common fire hazards include:

- Overflowing dumpsters and piles of debris
- Overloaded outlets or extension cords underneath rugs Unattended stoves
- Storage lockers, sheds and garages used for dumping garbage or oily rags can lead to fires.
- Smoking areas are fire hazards, since many smokers toss cigarette butts away.

#### Fire Safety Planning

Identifying and eliminating common fire hazards is the first step of fire prevention. When it comes to fire, there are other things to consider. Smoke is the #1 killer in a fire, so make sure that your church or home can be evacuated quickly and easily. Here's how to help with this.

#### Doorways

Make sure there are no locked or blocked exits. Fire doors should have a breaker bar and open outward. Never lock these doors from the inside. Check outside of all doors to make sure nothing is blocking them. Never prop open doors. If your fire doors have magnetic holders that release when a fire alarm is activated, never stop these doors from closing. They do so to choke off the fire and slow its spread.

#### Hallways

Clear hallways of items that would impede an evacuation. Fire exits, including doors and hallways, are rated based on how many people can effectively evacuate through the area. If less-used hallways are storage for chairs, boxes or tables - move these items so that they are free from obstruction if needed during a fire emergency.

#### Stairways

Items such as plants, bookshelves, and tables should not be placed in stairwells. Stairs should also be clear from other items that may become tripping hazards. If stairs are covered for slip protection monitor and fix any bumps or detached areas immediately.

#### Other Considerations

Know where a fire extinguisher is located. Have one or more in your home, your car and know how to use it. Look around the church and know where the fire extinguishers are to be found. Smoke detectors should not be blocked or closed off. They be checked regularly and their batteries replaced when a chirping sound is heard. Fire exit signs and emergency lights must be in working order at all times. Check that lights are pointed correctly and operable.

Don't wait until an evacuation to learn about the fire hazards and other hindrances to your members' safety. Include assessing these risks as part of your fire safety planning. Don't forget to talk to your children about fire safety and how to escape a fire.

Remember if you are on fire STOP, DROP and ROLL until the fire is out. If you see someone on fire smother the flames with a blanket or cover and help them to STOP, DROP and ROLL.



This article was written by a friend. In a world where we can feel confident of our well-being one minute and have everything turned upside down the next, this reminds us of Jesus' teaching on how to respond.

"And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things..." -Luke 10:41

I heard my name in this verse as I read it:

"Kali, Kali, you are worried and troubled about many things..."Jesus uses Martha's name two times here. And for me, personally: I think He says her name two times because often when it comes to anxiety, we don't always respond the first time when God is trying to calm our weary souls. Because our minds are stuck somewhere else.

- In fight or flight.
- On Auto-pilot.
- Checked out.

"Kali, Kali..." Okay God, I'm listening.

Psalm 61:2(b) says:

"When my heart is overwhelmed, lead me to the rock that is higher than I. "It doesn't say:

"If my heart is overwhelmed..."it says "when." Which tells me clearly that each and every person on this earth either has or will or will continue: to experience overwhelm at some point.

For those of us with anxiety: we continue to experience overwhelm, on a daily basis.

It never really leaves. "Kali, Kali..."Ok God, I'm listening: "You are worried and troubled about many things... but one thing is needed, and Mary has chosen that good part, which will not be taken away from her." -Luke 10:42

But one thing is needed and that thing is this: when my heart is overwhelmed:

- I don't go to other people.
- I don't go back to the past.
- I don't go to old habits.
- I don't forfeit the present.

When my heart is overwhelmed: I go to the Rock that is higher than I. I look above my circumstances. I don't look to those around me who have their own things to be overwhelmed about. I go directly to Him, and He will steady me.

Kali Dawson  
Writer & Educator

*When prayer is worship, the focus is on the character and will of God. Are we learning to worship Him by praying Jesus' prayer: "...nevertheless, not my will but Thie be done"?*

**Come join Cheryl Swift, Judy Fish, and others in our Prayer Chapel (West Wing) for a time of prayer every 1st Tuesday of the month at 6:00 PM**



## The ROCK Youth Ministry

The LORD is my Rock - Psalm 18:2

The summer has definitely been a busy time for everyone, but I am proud to say that we received an average of 13 kids every Wednesday and Sunday throughout the summer! Unfortunately for the youth, it is back to school this month so we will return to our fall schedule.

## August Rock Youth schedule

### August 2023

Sunday, August 6	5:30 - 8:00 PM
Wednesday, August 9	5:30 - 8:00 PM
Sunday, August 13	5:30 - 8:00 PM
Wednesday, August 16	5:30 - 8:00 PM
Sunday, August 20	5:30 - 8:00 PM
Wednesday, August 23	5:30 - 8:00 PM
Friday, August 25	7:00 - 11:00 PM (Movie Night)
Sunday, August 27	5:30 - 8:00 PM
Wednesday, August 30	5:30 - 8:00 PM

*Any questions about the Youth Ministry? Contact: Paula Duke, youth@cabotchurch.net or 724-968-6001*



### Help Grow Our Food Bank Family!

Our church food bank serves many families in our community with free distributions of good food to those who can benefit from it. We offer fresh produce, frozen meats, milk, eggs, and canned and boxed goods. We constantly hear what a blessing this is for those who receive food.

We are looking for more people who would like to serve on this team and be part of this essential community ministry. So, what is this all about? Currently we are specifically looking for helpers to pack bags on the 3rd Monday night of each month following the morning food bank truck delivery, and we also need people on Wednesday evenings during the second distribution. Help at other times would also be greatly appreciated, but these two times are currently in greater need. This ministry is much bigger than the areas just mentioned, and there are many ways you are welcome to serve.

Food Bank work includes sorting, packing, lifting, and loading in an often fast-paced environment. You'll work alongside others in a friendly service-based setting, while experiencing the satisfaction of meeting basic needs in the community.

As a church, God has given each of us special gifts. If your gift is in helping or serving, check us out. Come see what we're all about. Maybe this is the area God wants you to step into. Our food bank family would be happy to provide you with more information.

In general, the Food Bank distributes items on the 3rd Wednesday of each month, 10:00 am - 12:00 pm and 4:00 pm - 6:00 pm. The delivery truck comes the Monday morning before the distribution, and the packing time happens that Monday evening beginning at 5:30 pm.

Talk with us by contacting the church office. We would be so grateful to have you join our team, and thank you for giving this ministry your prayerful consideration!

### Cabot Church Food Bank August Collection

Cabot UMC has a wonderful Food Bank, run by a group of dedicated, kind, and welcoming volunteers. The volunteers take inventory, assess the needs, order, sort, and distribute the food each month to community members. If you live in the area and are in need of assistance, please contact us.

For more information about the Cabot Food Bank, please call the church office.

Food distribution is on the third Wednesday of every month.

We have 2 time slots: 10:00 am - noon and 4:00 - 6:00 pm.



August	School Supplies
Septemb	Cake Mix
October	Canned Pumpkin, Sweet Potatoes, Cranberry Sauce
November	Baking Supplies
December	Canned Fruit & Cereal

707 Winfield Road, Cabot, PA 16023, Mon-Thurs 9:00am-1:00pm or contact the office to arrange another time. 724-352-2074  
office@cabotumc.com

## Operation Christmas Child

August



For August we are asking for quality school supplies! We specifically need to stock up on **loose leaf paper, tablets, pencil, colored pencil, pencil sharpeners, crayons, rulers, pencil bags, scissors, back packs, shoulder bags, drawing bags, etc.**



Please remember to consider OCC when you come across sales and clearances. Things to look for: toys, small stuffed animals, cars, jump ropes, balls, some clothing items such as socks, shirts, sweatpants, hats and gloves. Watch for the good sales and stock up! For the full list go to the website -- <https://www.samaritanspurse.org/what-we-do/operation-christmas-child>.

Please mark items OCC and place in the wooden bin in the lobby. You can drop items off at any time (you don't need to wait for the appropriate month). Monetary donations can be made as well, which go towards shipping costs or purchasing additional items to fill the shoeboxes.

If you have any questions, concerns, or ideas for this ministry please contact me. I am always excited to try something new and share my excitement with all of you and those beautiful children in our world!

Thank you so much!

Paula Scott

fellowship@cabotchurch.net

## A special Thank You to everyone that has donated!



### Operation Christmas Child M&M's fundraiser

For those who have participated in the M&M Candy quarter/cash donation in the filling of those empty candy containers in support of OCC, please turn those in to the table in the Welcome Center, or you can leave them in the office. Thank you to all who are supporting this ministry!



## Prayer Shawl Ministry

Second Monday  
of every month  
10:00 AM in Room 14

Prayer squares are a smaller, more portable version of a prayer shawl. They can be kept in your pocket, purse, or backpack. They can be a reminder to stop and pray for someone or some situation. If you or a family member is in need of a prayer square, there is a basket of them on the table in the Welcome Center. Feel free to take as many as you need.

Also, if you or someone you know is in need of a Prayer Shawl, please take one from the gray cupboard in Room 14. There is a notebook in which to record the shawl taken and to whom it is going. There are also bags and tissue paper if you wish to use them.

If you would like one of the Prayer Shawl members to help you, please ask.

Contact Bonnie Yates if you have any questions!  
Thank you!



Contact Sarah Smith if you have questions regarding Secret Sisters  
724-352-3827 langmedic26emsn.com



**MEN'S BREAKFAST**  
3rd Saturday of the Month

August 19th @ 8:00AM

Kelly's Family Restaurant  
130 W. Main Street, Saxonburg  
Questions, contact Rich James @ 724-816-3974



Book Club will resume in September!  
Questions: Contact Kate Lindsey  
library@cabotumc.com



### PASTORAL CARE - MEDICAL EQUIPMENT

If you need medical equipment, please call Elaine Hinderliter at 724-352-1936. Also, if you have borrowed medical equipment and no longer are using it, you may return it to the church and inform us so others will have use of it.

We also have an electric scooter to give to anyone who can use it.  
The batteries are dead and will have to be replaced.

# Children's Ministry



**Starting in September!**



It can be hard for little ones to sit through the serious adult talk of a sermon, so we provide a fun alternative. On Sundays, kids leave the regular worship service after the Children's Message and come back in time for the Benediction. They'll sing songs, play games, do some art projects and listen to a Bible Story! Kids' Own Worship (KOW) happens during the regular Sunday worship services. Kids from Pre-K to 5th Grade can leave the service to enjoy their own lesson!