

A Message from Pastor Jonathan:

We are at a pivotal time in the life of the United Methodist denomination. Cabot UMC and many other churches are discerning whether to continue in the denomination or to disaffiliate. There are many reasons that are bringing churches (mostly those with traditional, orthodox theology) to the point of asking this question. These include issues of doctrine and theology, the way we live out the Christian faith in relation to human sexuality, and problems with accountability and governance within the denomination. In the coming days you will be receiving a set of Messages of Vital Importance through the postal mail and email. This gives the background of the situation and the options the church has at this point. There is also a timeline of upcoming events in the process of discernment. I encourage you to read this information carefully and prayerfully as you seek to follow God's leading.

Last week in the message we talked about Paul's words in 1 Corinthians 13:13, "Now these three remain: faith, hope and love. But the greatest of these is love." As we approach this season of discernment, let us be guided by these three characteristics.

Faith: We know that God is faithful. Whichever denomination we are serving him in, he is still true to his promises. He is able to grow us to be more like Jesus and able to use us for his Kingdom, no matter what name is above the door.

Hope: We know that God works all things together for the good for those who love him (Romans 8:28). Ultimately, everything will bring glory to God. Even when things are not the way we wish they were or the way we think is right, God is at work. Our hope is *not* in having power or control, neither in a denomination or nor in our government. Our hope is in *the Lord*. "We have put our hope in the living God, who is the Savior of all people, and especially of those who believe" (1 Timothy 4:10).

Love: "By this everyone will know that you are my disciples, if you love one another" (John 13:35). Jesus words remind us that our love is on display. In a situation where we have deep disagreements with others, we have to go to extremes to show love and respect for those who hold a different position. Nothing the world, the media, or Facebook tells you will lead you in this direction. But this is the *command* (13:34) given by the one we obey. It is not optional.

we



As we discern our direction, be prayerful and submitted to God as live in faith, hope, and love. But the greatest of these is love.

In Christ,

Pastor Jonathan

How to Reach Us

Office Hours: Mon-Thurs 9:00—1:00

724-352-2074

cabotumc.com

Pastor: Rev. Jonathan Fehl
pastor@cabotumc.com; 412-715-1005

Office Manager: Marilyn Shaw-Anderson
office@cabotumc.com

Director of Program Ministries: Jacy Barbiaux
program@cabotumc.com

Director of Children's Ministries: Kelly Hanson
children@cabotumc.com

Director of Youth Ministries: Paula Duke
youth@cabotumc.com



September

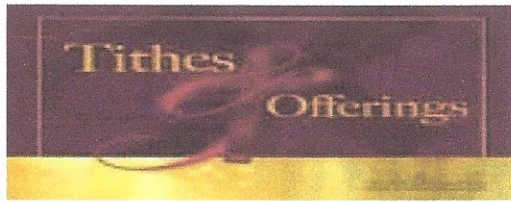
See enclosed calendar for full schedule. For latest updates, sign up for the CUMC Happenings email or check the CUMC calendar.

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|--------------|---------------------------------------------------------------------------------|
| September 1 | Upward Registration Begins |
| September 5 | Labor Day *Office Closed |
| September 6 | Denominational Discernment
Informational Meeting |
| September 7 | Safe Sanctuaries Training |
| September 8 | Denominational Discernment
Informational Meeting
Not Back to School Party |
| September 9 | Friday Night at the Light Campfire and
Outdoor Movie |
| September 11 | Sunday School Begins
Fall Worship Times Begins |
| September 12 | Admin Board Meeting |
| September 17 | Men's Breakfast |

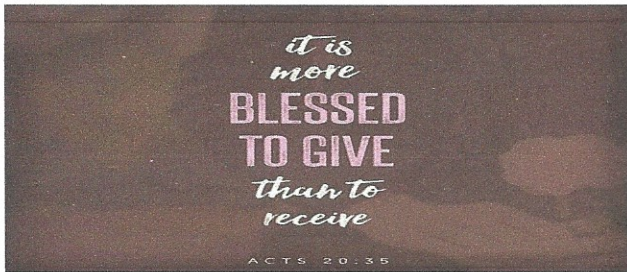
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| September 19 | Food Truck Delivery
Church Conference |
| September 21 | Food Bank |
| September 26 | COM Meeting |

Save the dates...

- | | |
|------------|-----------------------------------------------|
| October 6 | Dementia Friends Training |
| October 7 | Friday Night at the Light Costume
Party |
| October 10 | Admin Board Meeting |
| October 15 | Buffalo Creek 1/2 Marathon
Men's Breakfast |
| October 17 | Food Bank Truck Delivery |
| October 19 | Food Bank |
| October 22 | Coats for Kids Motorcycle Ride |
| October 24 | COM Meeting |
| October 26 | Church Conference |



Did you know you can give your tithes and financial offerings electronically on our website? Click on the "Give" button on our home page, cabotumc.com, where you can create an account and securely give. Also, you can directly mail in your offering to the church at 707 Winfield Rd, Cabot, Pa 16023, just mark your offering as to where you want it designated on your envelope. We thank you for your generosity towards God's church.



Special Penny Offering Results

August's Penny Offering
to
Wycliffe Bible Translators
\$420.00



September Penny Offering
(9/17 & 9/18) – 3rd weekend

Thank you to all who contributed. You are making a difference!



September Birthdays

Eli Ambrose	3rd
Lydia Ambrose	3rd
Chris Caldwell	3rd
Bennett Donehue	4th
Bethany Donehue	4th
Leo Nagg	5th
Jen Snyder	7th
Michelle Moser	7th
Haley Crosby	11th
Trinity Nagle	13th
Michele Govan	14th
Chloe McGee	14th
Jennifer Reith	14th
Jane Bailie	15th
Brady Carbungco	15th
Doug McCall	16th
Noah Caldwell	17th
Allyson Comperatore	21st
Hunter Smith	23rd
Chelsea Leslie	26th
Maria Travis	29th
Natalie Dovey	30th
Chuck Kiley	30th

September Anniversaries

Chris and Rhonda Caldwell	2nd
Mark and Shelly Hack	4th
Eduardo and Amy Carbungco	22nd
Sean and Sarah Smith	23rd
Jim and Paula Duke	25th
Jim Jr. and Carrie Rodgers	25th
Jason and Jen Snyder	30th

Let us know if we are missing your birthday or anniversary as you are

Children's Ministry Events!

Kids' Own Worship (KOW)

It can be hard for little ones to sit through the serious adult talk of a sermon, so we provide a fun alternative. On Sundays, kids leave the regular worship service after the Children's Message and come back in time for the Benediction. They'll sing songs, play games, do some art projects and listen to a Bible Story! Kids' Own Worship (KOW) will happen during the regular Sunday worship services. Kids from Pre-K to 5th Grade will leave the service to enjoy their own lesson!

Contact Kelly Hanson at children@cabotumc.com with any questions, or if you would like to help.

CABOT UMC HOME EDUCATION DAY

Join us at Cabot UMC each Thursday 9am-2:30pm during the school year. Enjoy use of the gym, library, nursery and art room to supplement your other studies. Bring your lessons and gather with other home educating families for social time and group study.

This day is open to any sort of home education. Traditional Home-schoolers, Cyber Schoolers, Unschoolers, all are welcome.

Additional information can be found at the South Eastern Butler County and Surrounding area homeschoolers facebook page.

Kick off day September 8th, 2022 is a Not Back to School Party from 10-12. Lunch, water balloon battle and snacks provided.

FRIDAY NIGHT AT THE LIGHT

On the First Friday of the month, from 6pm-9pm, join us at the church for food, fun and friendship. You bring yourself, your family and a dish to pass. We'll supply the fun, games and prizes! ALL AGES WELCOME!

September 9th—Campfire and Outdoor Movie

October 7th—Trivia Night/Minute to Win It games

November 4th—Costume Party and Escape Room puzzles

December 2nd—Advent Wreath Making, Gingerbread decorating, Carol Sing

January 6th—New Year's Party, Pajama Party, Karaoke, Games



"I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world." John 16:33

This scripture, the holy, breathed word of God, holds such relevance to each of us today and every day. We live lives easily distracted, and we know that and attempt to avoid distractions if we are attempting to finish projects with a deadline or get to a destination by a certain time. Those are usually distractions that we can control at least to some extent. However, today there are distractions all around us that are out of our control. They include division in relationships, politics, finances, religion, crime, tragedy, etc.

This scripture that I've quoted above tells us to focus on the fact that in this world we will have tribulation...meaning trouble... but God has guaranteed that He has overcome the world. It's a done deal. What that means is that we don't have to choose to be distracted by the things which Satan would put in front of us, that lead to worry, anxiety, frustration and anger. We can rely on God who is good for his word that he overcame the world and is in control of the outcome of what distracts us and that in him we have peace. He didn't say peace could be found anywhere else but in him. We must stay connected to him; otherwise, we wander into distractions like jagged bushes and become lost to the world and don't feel that peace that is in him.

Ultimately, if we know we are being distracted and we aren't comfortable with that we need to eliminate or avoid as many of the distractions that try to block our path. That's where prayer comes in, direct contact with our Heavenly Father who soothes our distracted minds and gives us peace. I'm praying with you now that what is meant to distract us will be made for good thru Jesus Christ our Savior. We can begin by thanking him for promising us peace in the chaos, his Word which we keep in our hearts, and for another day to serve him.

Amen.

Cheryl Swift

When prayer is worship, the focus is on the character and will of God. Are we learning to worship Him by praying Jesus' prayer: '....nevertheless, not my will but Thine be done'?

Come join **Cheryl Swift, Judy Fish, and others** in our Prayer Chapel (West Wing) for a time of prayer **every Tuesday 6:00 pm.**

Matrona



A Family Resource Center

A Ministry of Cabot United Methodist Church

724-352-2074

Resources for families in South Eastern Butler County

Baby and Toddler Clothes, Maternity Clothes, Diapers, Baby gear, Children's Books, Support Groups, Parenting Classes, Childbirth Classes

Resource Closet:

Open Weekly on Thursdays beginning October 20th, 2022 from 6-8pm
Or as needed, please call for details

Support Group for New Parents:

Thursdays beginning October 20th, 2022 from 7-8pm
Please call for details

Parenting and Childbirth Classes:

Meeting Weekly as needed, call for details

Matrona is a ministry of Cabot United Methodist Church located at 707 Winfield Rd, Cabot PA. If you are struggling with any aspect of pregnancy or parenting or if you would like to volunteer or donate please call or email children@cabotumc.com.

FALL WORSHIP HOURS

Beginning September 11, we will resume our Fall Worship Times. Saturday 6pm and Sunday 10:30 am. Sunday School will also resume at this time and will be at 9:15am.



Secret Sister reveal will be October 15. Time and place to be announced to the group soon. The new secret sister year will begin October 16 after church in the cafe. Any questions please feel free to ask me.

Contact Sarah Smith if you have questions regarding Secret Sisters at
724-352-3827 or
langmedic26@msn.com

Cabot UMC Food Bank

Cabot UMC has a wonderful Food Bank, run by a group of dedicated, kind, and welcoming volunteers. The volunteers take inventory, assess the needs, order, sort, and distribute the food each month to community members. If you live in the area and are in need of assistance, please check to see if you are eligible based on the financial and geographic guidelines.

For more information about the Cabot Food Bank, please call the church office.

**Food distribution is on the third Wednesday of every month.
We have 2 time slots: 10:00 am – noon and 4:30 – 6:30 pm.**

***We request specific items each month to be donated
in the grocery cart near the Food Bank door.***

September	Cake Mix and School Supplies
October	Canned Pumpkin, Sweet Potatoes, Cranberry Sauce
November	Baking Supplies
December	Canned Fruit & Cereal



MEN'S BREAKFAST
3rd Saturday of the Month

September 17th @ 8:00 AM

Kelley's Family Restaurant
130 W. Main Street, Saxonburg

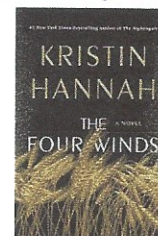
Questions – Contact Rich James @
(724) 816-3974



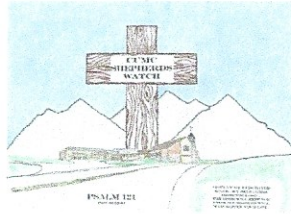
Library@CabotUMC



Book Club will resume in September 29
@ 6pm. The book selection will be:
The Four Winds by Kristin Hannah.



Questions: Contact Kate Lindsey
Library@CabotUMC.com



How Do We Keep Our Churches Safe in a World Where Evil Is Present?

The Time is Past for Naivety about the Need for Security. That First Baptist Church of Sutherland Springs was only around 100 members, in a town of 1,000 should, remind us that no church is immune from potential attack (26 killed & 20 injured). While we must resist the urge of irrational fear, churches must take seriously the question of security and be proactive in safeguarding their people.

Consider “Visible Deterrence.”

A common theme among church security experts is the proactive effect of having security visible to both the congregation and potential attackers. One professional called this “visible deterrence.” It is the idea that attackers look for ‘soft’, or easy targets, while they would be frightened off by the potential for pushback. Rather than having security hidden or blended into the people, an open presence amongst the people can both reassure and protect. While this may be good advice, many understand that some people will worry that this “visible deterrence” could actually deter honest people from the church. A balance needs to be thoughtfully navigated between the need for security and our overarching duty to welcome all kinds of people to church.

Training is Crucial.

An ounce of prevention is worth a pound of cure. This is perhaps nowhere as true as in training your staff and congregation to respond to emergencies. More than simply knowing how to respond to violent situations, proper training helps prevent situations where security volunteers or attendees go overboard out of fear. Proper training is about teaching to discern the *right actions* under the *right situations*. Our church Security Moments talk during services and the Safety & Security Moments article here are efforts to train our attendees & staff.

A Reminder: Security is Under the Providence of God.

While security is necessary, no plan is foolproof. Where does that leave us? At the end of the day, we have to trust the Lord and live in faith, not fear. In addition to some outlined practical measures churches can use to help strengthen their security processes, we have to resist the urge to act out of fear. We live in a world groaning and broken under the weight of sin where evil knows where to find and harm the good. Yet despite this, scripture consistently calls us to not be afraid. We must remember that God is sovereign, all powerful, and loves us (Isa. 41:10).

The Shepherds Watch Team mission is to provide a safe & secure environment for those attending church worship, various functions and social events in the buildings and on the grounds of Cabot United Methodist Church. If you have any questions about joining the team talk to, or email, Jack O'Brien: jackob1340@gmail.com.



THE ROCK YOUTH MINISTRY

THE LORD IS MY ROCK – PSALM 18:2

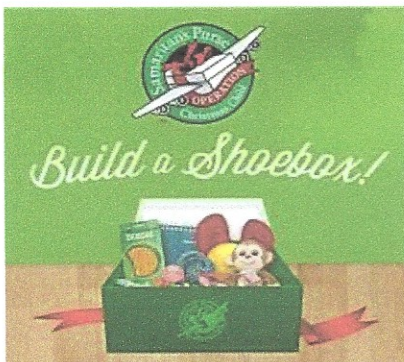
Welcome back! It's the beginning of the school year, and we're rallying back all of our regular attenders and new friends in the Lord! We're excited to see what the Lord is going to do this year, and we want YOU to be a part of it. Let's bless the Lord and join in some new fun and exciting adventures together. See YOU there!

FALL SCHEDULE

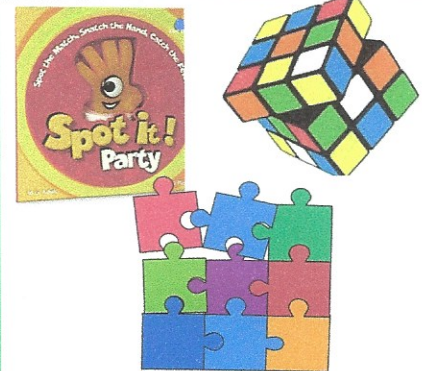
Sunday and Wednesday 6pm-8pm

SEPTEMBER

Sunday	9/11
Wednesday	9/14
Sunday	9/18
Wednesday	9/21
Sunday	9/25
Sunday	10/9



OPERATION
CHRISTMAS
CHILD
September items



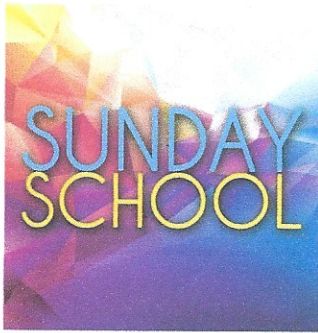
For September we are accepting Games!

Please remember to consider OCC when you come across sales and clearances. Things to look for: toys, small stuffed animals, cars, jump ropes, balls, some clothing items such as socks, shirts, sweatpants, hats and gloves. Watch for the good sales and stock up! For the full list go to the website -- <https://www.samaritanspurse.org/what-we-do/operation-christmas-child>.

Please mark items OCC and place in the wooden bin in the lobby. You can drop items off at any time (you don't need to wait for the appropriate month). Monetary donations can be made as well, which go towards shipping costs or purchasing additional items to fill the shoeboxes.

If you have any questions, concerns, or ideas for this ministry please contact me. I am always excited to try something new and share my excitement with all of you and those beautiful children in our world!

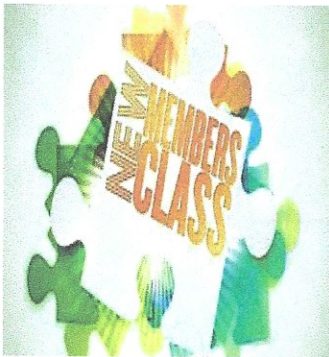
Thank you so much!
Paula Scott
(fellowship@cabotumc.com)



Sunday School Kickoff & Worship Times:

Sunday School Kickoff & Worship Times: With the start of the new school year, we are launching our new Sunday School classes and returning to our regular worship times. Starting on Sunday, Sept. 11, we will have Sunday School for adults, youth, and children at 9:15, followed by worship at 10:30. Our Saturday worship will continue to be at 6:00 pm. For adult Sunday School, we will have a class on the writings of the prophet Ezekiel, led by Evan Wimer, and The Jesus-Shaped Life, led by Cheryl Swift. Contact the leaders or Jacy (program@cabotumc.com) with questions or to sign up. If you would like to provide baked goods for the Sunday morning café, sign up in the lobby or contact Jacy.

New Members Class:



Church membership is an important step in our faith walk. We are furthering our commitment to Jesus by committing to the body of believers, including those with whom we worship. This promise includes praying, worshipping together, serving, giving, and growing. Would you like to join Cabot United Methodist Church? Pastor Jonathan will hold a *two-session New Members class* in September. You can attend after either the Saturday night or Sunday morning service, whichever is most convenient for you. Session 1 will be the weekend of Sept. 10-11, and Session 2 will be Sept. 17-18. Each session will be roughly one hour, starting fifteen minutes after the end of the service. Mark your calendars for the two sessions you'll need to attend, one from each weekend, and we'll look forward to seeing you there! Please sign up by contacting the church office or on the table in the lobby.



SAFE SANCTUARIES TRAINING

For all those who work with children, youth, or vulnerable adults in our congregation, we are having a Safe Sanctuaries training in September. These procedures are essential, not only for the protection and safety of our youth, children, and vulnerable adults, but also for that of our volunteers and staff. Anyone who works closely with our children, youth, or vulnerable adults is required to attend a training session each year. This includes those who work with children and youth Sunday School classes, Rock Youth Group, Bible Break, Upward basketball and cheerleading, along with any other roles as volunteer or staff that bring you into supervisory contact with those under 18 or who are vulnerable in other ways. If you are volunteering with Vacation Bible School, you can attend either one of these June trainings. Our training sessions this summer will be held on:

Wednesday, September 7, 6:30-8:00 pm

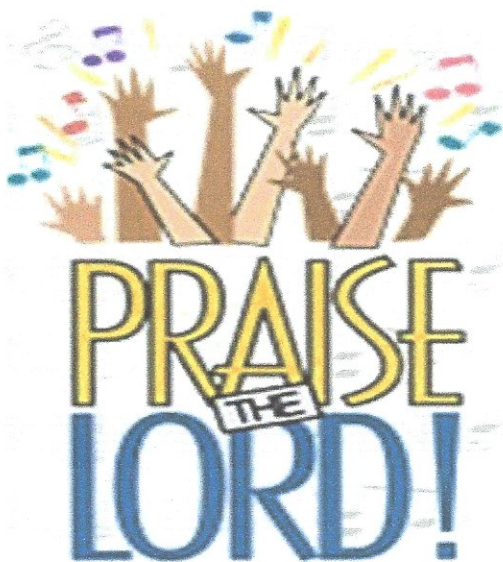
Questions? Contact Kelly Hanson, our Children's Ministry Director, with questions.

Denominational Discernment Informational Meetings:

We are at an important time in the life of our church, including discerning our direction as a congregation related to the United Methodist Church. We will have several informational meetings over the coming weeks led by Cabot UMC's leaders to talk about our options, help answer questions, and spend time in prayer. The meetings will be about 1.5 hours each, depending on the Q&A time. Feel free to attend whichever time works best for you. Mon., Aug. 29, 7:00 pm; or Wed., Aug. 31, 10:00 am; or Tues., Sept. 6, 7:00 pm; or Thurs., Sept. 8, 3:30 pm. Contact the church office with questions.

Church Conference:

We will be holding a special church conference on Monday, Sept. 19 at 7:00 pm in our sanctuary (please note the updated time). At this conference, a vote will be taken regarding beginning negotiations with the Conference Trustees towards the possibility of disaffiliation. All members of Cabot UMC who are present will be eligible to vote. For more information on this, please attend one of the Denominational Discernment Informational Meetings (details below), and see the Messages of Vital Importance, available in the lobby as well as being mailed and emailed to all those on our mailing lists.



**OUR PRAISE
BAND IS
MAKING A
COME BACK!
Musicians
and Singers
are Needed!**

September 2022

Sun

Mon

Tue

Wed

Thu

Fri

Sat

				1 UPWARD REGISTRATION BEGINS	2	3 6pm Worship
4 9:30am Worship	5 Labor Day: Office Closed	6 6pm Chapel Prayer Time 8pm Young Adult Group 7Ppm Denominational Discernment Informational Meet	7 1:30pm Mahjong 6:30pm-Safe Sanctuary Training	8 10am Not Back to School Party 3:30 pm Denominational Discernment Informational Meet	9 6pm FNL Campfire and Outdoor Movie	10 6pm Worship 7:15pm New Members Class
11 9:15am Sunday School 10:30am Worship 11:45am New Members Class	12 6pm Administrative Meeting 6pm Praise Band Practice	13 6pm Chapel Prayer Time 8pm Young Adult Group	14 9:30am Staff Meeting 1:30pm Mahjong	15 9am Home Education Day	16	17 8am Men's Breakfast 6pm Worship
18 9:15am Sunday School 10:30am Worship	19 Food Truck Delivery 10am Prayer Shawl Ministry 5:30pm Food Bank Packing 7:00pm Church Conference	20 6pm Chapel Prayer Time 8pm Young Adult Group	21 10am Food Bank 1:30pm Mahjong 4:30pm Food Bank	22 9am Home Education Day	23	24 6pm Worship
25 9:15am Sunday School 10:30am Worship 11:45am Worship Committee Meeting	26 6:30pm COM meeting	27 6pm Chapel Prayer Time 8pm Young Adult Group	28 1:30pm Mahjong	29 9am Home Education Day 6pm-Book Club with Kate	30	

Prayer Shawl
Ministry



Prayer Squares are a smaller, more portable version of a prayer shawl. They can be kept with you at all times in your pocket, purse, or backpack. They can be a reminder to stop and pray for someone or some situation. If you or a family member is in need of a prayer square, there is a basket of them on the table in the Welcome Center. Feel free to take as many as you need. Also, if you or someone you know is in need of a Prayer Shawl, please take one from the gray cupboard in the Red Room. There is a notebook in which to record the shawl taken and to whom it is going. There are also bags and tissue paper if you wish to use them. If you would like one of the Prayer Shawl members to help you, please ask. The Prayer Shawl group meets the 3rd Monday of each month! Contact Bonnie Yates if you have any questions! Thank you.

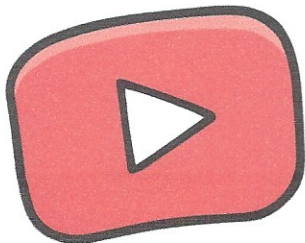
HELP WANTED!



Landscaping Help Needed! We are looking for a few people who would be willing to donate approximately one hour of their time, once a month, to weeding our flower beds. Please contact Michelle Moser at 724-591-0657 if you are interested.



Lead a Group: You can lead a group in studying the Bible or reading a Christian book! Even if you never have before, we can provide you with training and materials to lead a discussion that will help others (and you!) grow in their faith. You can lead using a book you choose, or select from the many excellent ones we have available. We are looking for new groups during Sunday school and other times during the week. Contact Jacy Barbiaux (program@cabotumc.com) or Pastor Jonathan for more information.



Coming Soon.....

Cabot Kids on YouTube will be a channel full of fun and educational videos that teach the Bible in a way that makes it easy for kids to understand. Using songs, crafts and stories, kids will learn about the gospel from wherever they are and know that Jesus loves them!

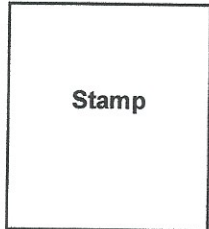


PASTORAL CARE – MEDICAL EQUIPMENT

If you need medical equipment, please call Elaine Hinderliter at 724-352-1936. Also, if you have borrowed medical equipment and no longer are using it, you may return it to the church and inform us so others will have use of it.



Cabot United Methodist Church
707 Winfield Rd.
Cabot, Pennsylvania 16023



DATED MATERIAL

RETURN SERVICE REQUESTED

WORSHIP SCHEDULE

Saturday	6:00 pm	Worship Service
Sunday	9:15 am	Sunday School
Sunday	10:30 am	Worship Service

Office Hours

Monday—Thursday
724-352-2074

9:00 am to 12:00 pm
cabotumc.com

Have I not commanded you? Be strong and courageous.
Do not be frightened, and do not be dismayed, for —

**GOD IS WITH YOU
WHEREVER YOU GO.**

JOSHUA 1:9

September
2022